

SERMON PREACHED ON SEPTEMBER 7, 2025

# **READ**

Read the Scripture of the week: Ephesians 1:3-14, 18-23

### **DISCUSS**

If you are meeting as a group to discuss the sermon, have each member take time to think of a time when they received an unexpected blessing. Share these memories with each other. Then share one or two "nuggets" that stood out for you from the sermon.

### **COME AND SEE**

Paul starts his letter to the Ephesians with a soaring picture of the blessings we have received "in Christ." This is his favorite way of talking about the Christian life—"in Christ." He lists benefits and the reality of who we are when we've been united to Jesus by grace through faith.

- 1. Why would he want to make this so clear as he begins a letter talking about high theology (chapters 1-3) and practical application (chapters 4-6)?
- 2. In 1 Corinthians 15:21-22 Paul furthers this idea talking about how we are either united to Adam (our first parent) or Christ. We are "in" one or the other. Through Adam comes death, through Christ comes life. What are some of the implications of this union? What does this teach about original sin and its impact on the world?
- 3. One way to think about the Christian life is that it is a journey of discovering who you really are and what you already have. How would living this out affect your daily life? How would you go about this discovery? What do you need to investigate more fully?

#### **FOLLOW ME**

Discuss among the group what God might be inviting you into through this text.

1. Discuss how the "righteousness" of Jesus becomes ours when we are in Him. How should this affect your sense of identity, worth and your walk in holiness?

## **GO AND BE**

What do you feel God is calling you to take with you into the upcoming week? What are some actionable/s from this sermon or Scripture that you could incorporate into your daily life? Where might God be inviting you into living like Christ in your life?

What do you feel God is calling you to take with you into the upcoming week?

What are some actionables for you?

How could you love someone else in light of this truth?

